

Whining & Dining

March 09, 2004

True grits

One of my favorite new foods since moving to Memphis has got to be grits. Anyway, I'd love to hear about other spots to feed on grits.

Posted by Leslie Kelly at March 9, 2004 05:16 PM

Greetings. I am revising some articles about Southern life and have come across one I did quoting a Commercial Appeal piece titled "Oxford's 'Grit Girl' Delta Grind owner has chefs clamoring for fresh cornmeal". Would somebody please advise me as to the exact meaning of this title? Should there be a colon after Grit Girl? Are you Ms Kelly the Girl in question -- is the rest of it ("Delta Grind owner has chefs clamoring for fresh cornmeal") a quote from you? Or is Grit Girl the brand, and Delta Grind a product? Thanks -- I'm hoping to include this in a book.

Posted by: Nelson Waller at July 15, 2005 08:50 AM

I am the Grit Girl who sell to alot of great places in mphs and the Grove Grill does a great job on the shrimp & Grits. Check out Felicia Suezanne's and McEwens Stella'a LoLo Table They all do different Dishes useing my different products Thank folks for letting me know lam doing a good job at bring fresh stone ground grits, corn meal & masa to the mid-south

Georgeanne Ross

The Oringel Grit Girl

Posted by: Grit Girl at May 5, 2005 04:55 PM

Just a note: Those great stone-ground grits from Delta Grind in Oxford, which is what you get at the Grove and other fine dining establishments, are available in the market at Mantia's! They make a super stone-ground corn meal as well.

Posted by: Alyce Mantia at March 12, 2004 02:17 PM

They're right - Grove Grill is the place. It's so good I can't make myself order anything else!

Posted by: Nancy at March 11, 2004 12:37 PM

Leslie - I would recommend the grits and shrimp at Grove Grill, too, one of my favorite places to lunch. I have enjoyed reading your column on Wednesdays, and it's great to have someone write with a new perspective about the Memphis food scene. If you have any food ideas for Bartlett Appeal, please share. Wanna be a Bartlett food critic for a column or two?

Posted by: Kini Plumlee at March 10, 2004 04:48 PM

The Grove Grill in Laurelwood has great shrimp and grits - it's hard for me not to order it when I go there.

Posted by: RLD at March 9, 2004 11:12 PM